

7 400m Individual Medley Men Heat

Official

WC QT **World Champs QT**

4:17.48

NZR	Open New Zealand Long Course Record	4:08.70	2022-07-31	Lewis Clareburt Capital Swim Club
18yr NZR	18 Years New Zealand Long Course Records	4:14.42	2018-04-06	Lewis Clareburt WN
17yr NZR	17 Years New Zealand Long Course Records	4:21.05	2017-04-04	Lewis Clareburt WN
15yr NZR	15 Years New Zealand Long Course Records	4:32.96	1991-02-21	Danyon Loader OT
14yr NZR	14 Years New Zealand Long Course Records	4:38.15	2007-12-07	Mitchell Donaldson AK
13yrs NZR	13 Years New Zealand Long Course Records	4:46.89		Joshua Gilbert AK

Show less



Entries



Heats

Summary

Total

Rank	Competitor	Age	Club	RT	WA	Result	
1	Clareburt Lewis	24	Club 37	0.73		4:17.77 Entry: 4:08.70 (+9.07)	Q
	50m: 26.80	100m: 57.51 (30.71)	150m: 1:31.09 (33.58)				
	200m: 2:03.63 (32.54)	250m: 2:39.56 (35.93)	300m: 3:16.72 (37.16)				
	350m: 3:48.19 (31.47)	400m: 4:17.77 (29.58)					
2	Helms Blair	21	North Shore Swimmi...	0.64		4:30.91 Entry: 4:22.51 (+8.40)	Q
	50m: 27.53	100m: 1:00.31 (32.78)	150m: 1:35.97 (35.66)				
	200m: 2:10.80 (34.83)	250m: 2:48.85 (38.05)	300m: 3:26.93 (38.08)				
	350m: 3:59.44 (32.51)	400m: 4:30.91 (31.47)					
3	Zhang Kevin	17	Roskill Swimming Club	0.69		4:44.60 Entry: 4:33.94 (+10.66)	Q
	50m: 27.63	100m: 1:01.26 (33.63)	150m: 1:37.62 (36.36)				
	200m: 2:13.93 (36.31)	250m: 2:53.67 (39.74)	300m: 3:35.73 (42.06)				
	350m: 4:10.47 (34.74)	400m: 4:44.60 (34.13)					
4	Markovich Nemanya	15	Roskill Swimming Club	0.64		4:50.54 Entry: 4:39.68 (+10.86)	Q
	50m: 28.94	100m: 1:04.04 (35.10)	150m: 1:42.29 (38.25)				
	200m: 2:19.27 (36.98)	250m: 3:02.30 (43.03)	300m: 3:44.31 (42.01)				
	350m: 4:18.11 (33.80)	400m: 4:50.54 (32.43)					
5	Cooke Harrison	19	North Shore Swimmi...	0.65		4:52.26 Entry: 4:42.36 (+9.90)	Q
	50m: 29.28	100m: 1:03.84 (34.56)	150m: 1:43.74 (39.90)				
	200m: 2:22.48 (38.74)	250m: 3:02.30 (39.82)	300m: 3:43.04 (40.74)				
	350m: 4:18.08 (35.04)	400m: 4:52.26 (34.18)					
6	Cowen Nicholas	16	North Shore Swimmi...	0.65		4:55.93 Entry: 4:51.83 (+4.10)	Q
	50m: 30.11	100m: 1:04.36 (34.25)	150m: 1:43.50 (39.14)				
	200m: 2:22.05 (38.55)	250m: 3:03.27 (41.22)	300m: 3:44.93 (41.66)				
	350m: 4:21.08 (36.15)	400m: 4:55.93 (34.85)					
7	Gibson Luke	17	United Swimming Club	0.77		4:57.30 Entry: 4:38.12 (+19.18)	Q
	50m: 29.72	100m: 1:05.03 (35.31)	150m: 1:43.36 (38.33)				
	200m: 2:21.07 (37.71)	250m: 3:04.08 (43.01)	300m: 3:48.86 (44.78)				
	350m: 4:23.34 (34.48)	400m: 4:57.30 (33.96)					

8	 Feng Andrew	14  North Shore Swimmi...	0.64	5:07.02 Entry: 4:57.89 (+9.13)	Q
	50m: 31.61 200m: 2:27.04 (38.91) 350m: 4:32.19 (37.75)	100m: 1:08.56 (36.95) 250m: 3:10.13 (43.09) 400m: 5:07.02 (34.83)	150m: 1:48.13 (39.57) 300m: 3:54.44 (44.31)		
9	 Lee Yen-Cheng	15  United Swimming Club	0.69	5:16.33 Entry: 5:14.62 (+1.71)	
	50m: 32.04 200m: 2:30.20 (38.85) 350m: 4:41.21 (36.22)	100m: 1:11.49 (39.45) 250m: 3:17.56 (47.36) 400m: 5:16.33 (35.12)	150m: 1:51.35 (39.86) 300m: 4:04.99 (47.43)		